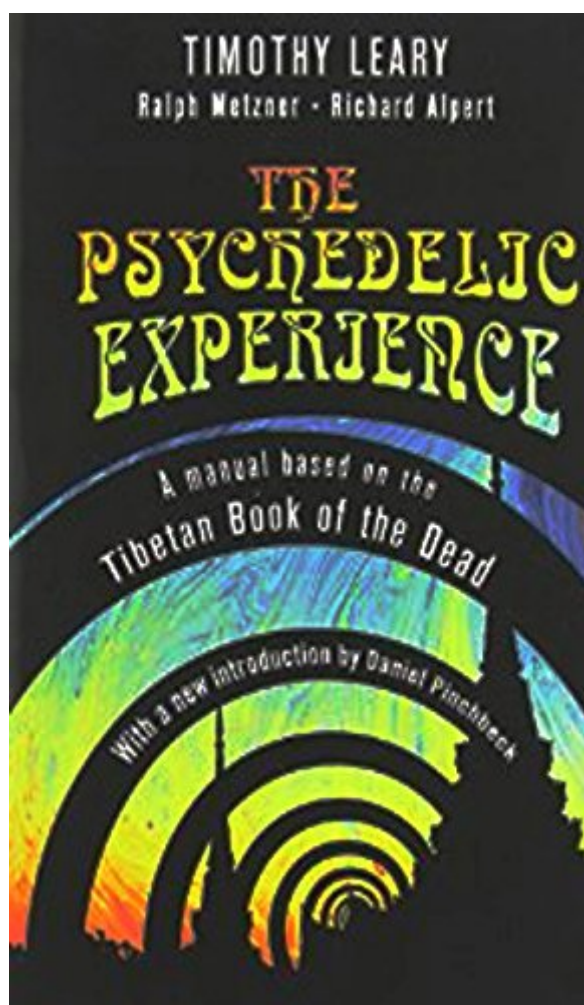


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The Psychedelic Experience: A Manual Based On The Tibetan Book Of The Dead (1964)



Synopsis

The Psychedelic Experience: A Manual Based on The Tibetan Book of the Dead (commonly referred to as The Psychedelic Experience) is an instruction manual intended for use during sessions involving psychedelic drugs. Started as early as 1962 in Zihuatanejo, the book was finally published in August 1964.[1] This version of Tibetan Book of the Dead was authored by Timothy Leary, Ralph Metzner and Richard Alpert, all of whom took part in experiments investigating the therapeutic and religious possibilities of drugs such as mescaline, psilocybin and LSD. The book now in kindle edition is dedicated to Aldous Huxley and includes a short introductory citation from Huxley's book The Doors of Perception. Part of this text was used by the Beatles in the song Tomorrow Never Knows.

Book Information

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Customer Reviews

This book is an invaluable resource of information about the psychedelic experience for anyone who's thinking about undertaking the experience, especially if they're apprehensive about it, or anyone who wants to try to understand a little bit more about it without trying illegal or legal drugs.

The psychedelic experience is one that is overwhelmingly and incorrectly associated with other drug experiences, and this book, whether it means to or not, does a great job of explaining that the psychedelic experience is more of a religious experience than plain drug experience. It's an irrefutable fact that every one of the world's major religions and wisdom traditions had a psychedelic drug ritual attached to them, even Christianity has its halos based on mushroom caps and art containing mushrooms everywhere. Timothy Leary went so deep with studying various ancient wisdom traditions to understand or explain or better navigate the psychedelic experience and this book does that 'beautifully.' The Tibetan Book of the Dead and Buddhism as a whole go brilliantly hand in hand with psychedelics, as if they were made for each other, but the inexperienced would need a little guidance to link some of the concepts with one to the concepts of the other, and that's what this book seeks to do. In my deeply experienced opinion, it succeeds 'gloriously.'

I was there, or you could say now, then. My friends and I took our first hit on sugar cubes in 1963. Just before the book came out. One of my friends ordered it special cause it came out in 1964 so we waited for it by the mail-box daily till it came. When it did, as a group we used it to navigate through the difficult places the book suggests. Seeing the whole structure of the material world on a micro / macro level. Understanding the structure of the mind/brain/personality process. We discovered the clear light and used to say when we saw each other weeks after we took trips together "Are you still where it's at". We could maintain 2-3 days of total awareness of the effects of the L.S.D. At this time that we took it, it was still legal. It became illegal in 1966 at which time we stopped taking it. (disclaimer) Ha! Ha!. The book was responsible for changing the way we view the world and our selves. We did lose our ego's. We did experience most of the levels in the book as real to us. Nothing short of a full on Eastern Mystical experience. The real thing only from a drug and an instruction book. Without the book we had no way of labeling our experiences so as to identify them as they happened. We missed a lot without the book, although the intensity of the experience was self explanatory without it. Today my feet are on the ground but still I study and practice being in the "Now" Eckhart Tolle is a good source for today on getting there on the way! I don't recommend use of any drugs or mind altering substances because with drugs you come down and forget how you got there. But today we have many books and practices that get you there for real and forever. Remember this is a life time work to be done by everybody regardless of your religion or belief but without drugs. The bottom line is to see and diminish the ego domination of your personality and see and feel your pure, innocent nature as a human being. I'm 70 years old now. I took my first L.S.D trip when I was 18. That experience changed the way I saw the whole system so

I had problems adjusting to society and life in general. But today I have a good handle on what's real and what's not real. Remember It's your mind that interprets everything. Your mind is all stored past memory. So you see through the past. When you loose the ego the past dies' so what's left is "what is". That's where you start to understand what's true and what's false in life. Good Luck, R

This book is INCREDIBLY amazing!!!! I got this for the hopes of better going into lsd trips and with this book i have a better understanding of the phases and physical symptoms of any resistance as well as if you do experience negative symptoms during a trip it lists ways to calm down and get out of it! This book is a must have for any body who experiments with psychedelic plants/drugs or anyone who naturally induces higher states of consciousness .

If you're looking at this book, then you're probably interested in certain consciousness altering chemicals or practices. This book is worth far more than the money it costs. You will quickly learn that substances such as LSD, psilocybin, mescaline, and psychedelics in general are not the recreational drugs we're taught they are, that they are really tools, pathways to a new light. The Psychedelic Experience is a true guide to an enlightened state of mind. You will learn how to safely and effectively embark on journeys into the mind, and it may truly change your life. I've loaned my copy out several times already and I like to always have it on hand during experiences, and it's always handy.

I loved this book. I wish i had read this book before my earlier explorations of the invisible landscape but i am sure i will be able to navigate these realms more efficiently and with more purpose after having read it. Its also incredible to think that this is what started Alpert down the road that would ultimately lead to his transformation to one of the most influential spiritual teachers of our time and one that has drastically affected my life in so many ways.

The biggest thing wrong with this book is that it's not longer (it's certainly shorter than the Tibetan Book of the Dead). Wish he was still alive.

Update on a psychedelic classic. Interesting historical read from the time of the burgeoning western psychedelic awakening.

Book's great, but it has many typos, yes, believe me.

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